

# Growth Mindset Yeti

## Blanket Den Challenge



## Learning Guide

As well as being a fun challenge for children and families, we also believe that our "Yeti Blanket Fort Challenges" offer learning opportunities which are well aligned to the principles of and experiences and outcomes outlined in the Scottish Curriculum for Excellence. It is a learning experience which can be enjoyed by children and young people of all ages, as activities can be adapted to suit their needs, interests and abilities.

The following are links to the curriculum we feel will be at the core of all of the challenges. There will also be explicit links to aspects of the curriculum as the linked activities and themes of the challenges change.

### Links to Curriculum for Excellence

#### Health and Wellbeing

I am aware of and able to express my feelings and am developing the ability to talk about them. **HWB 0-01a / HWB 1-01a / HWB 2-01a**

I understand that my feelings and reactions can change depending upon what is happening within and around me. This helps me to understand my own behaviour and the way others behave. **HWB 0-04a / HWB 1-04a / HWB 2-04a**

I know that friendship, caring, sharing, fairness, equality and love are important in building positive relationships. As I develop and value relationships, I care and show respect for myself and others. **HWB 0-05a / HWB 1-05a / HWB 2-05a**

I understand that people can feel alone and can be misunderstood and left out by others. I am learning how to give appropriate support. **HWB 0-08a / HWB 1-08a / HWB 2-08a**

I understand positive things about friendships and relationships but when something worries or upsets me I know who I should talk to. **HWB 0-44b / HWB 1-44b**

I am aware of the need to respect personal space and boundaries and can recognise and respond appropriately to verbal and non-verbal communication.  
**HWB 0-45b / HWB 1-45b / HWB 2-45b**

### **Literacy and English**

As I listen and talk in different situations, I am learning to take turns and am developing my awareness of when to talk and when to listen. **LIT 0-02a / ENG 0-03a**

When I engage with others, I know when and how to listen, when to talk, how much to say, when to ask questions and how to respond with respect. **LIT 1-02a**

When I engage with others, I can respond in ways appropriate to my role, show that I value others' contributions and use these to build on thinking. **LIT 2-02a**

As I listen and take part in conversations and discussions, I discover new words and phrases which I use to help me express my ideas, thoughts and feelings. **LIT 0-10a**

I can communicate clearly when engaging with others within and beyond my place of learning, using selected resources as required. **LIT 1-10a**

### **Technologies**

I explore and discover different ways of representing ideas in imaginative ways. **TCH 0-11a**

I can explore and experiment with sketching, manually or digitally, to represent ideas in different learning contexts. **TCH 1-11a**

I can use a range of graphic techniques, manually and digitally, to communicate ideas, concepts or products, experimenting with the use of shape, colour and texture to enhance my work. **TCH 2-11a**